

Curriculum Vitae

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Professional Profile

Skilled family centered care registered nurse with 25 years' experience in women's health. I have worked in leadership roles, provided educational experiences and at the patient's bedside allowing me to have multiple layers of experience with patients, families, and students. I am excited and eager to share my experience with staff and students.

Education

Master's Degree of Nursing Education Program
University of Texas El Paso, El Paso Texas
Graduation December 2017

Bachelor's Degree in Nursing
University of Texas El Paso, El Paso Texas
Graduation December 2012

Associates Degree in Nursing
Odessa College, Odessa Texas
Graduation May 1994

Certifications and Credentials

- Intermediate Fetal Monitoring Instructor Association of Women's Health, Obstetrics and Neonatal Nursing (AWHONN), 2016 to present.
- Texas nursing License, 1994 to present.
- Certification in Maternal Newborn Nursing per National Certification Corporation, 2019 to present.
- BLS – Basic life support, 1992 to present.
- NRP – Neonatal resuscitation, 1995 to present.
- ACLS - Advanced cardiac life support, 2000 to present.

Professional Organizations

- Association of Women's Health, Obstetrics and Neonatal Nursing (AWHONN). Member since 2016.
- Texas Nurses Associations (TNA) member.
- American Nurses Association (ANA) member

Professional Education

- Currently skills champion for busy Obstetrical unit.
- Instructor for AWHONN's Intermediate Fetal Monitoring Course.

Current Job Experience

Staff RN Labor and Delivery August 2019 to Present Covenant Children's Hospital

- Care for antepartum, intrapartum, and post-partum patients in labor and delivery. Competently care for laboring patients, pre-term labor, preeclampsia, magnesium sulfate management, high risk antepartum, postpartum hemorrhage, fetal demises, and outpatients.
- Assist physicians and manage patient care of various OBED patients.
- Receive and stabilize newborns in the delivery room and manage care until assumed by transition RN.
- Circulate surgical procedures in labor and delivery's operating rooms to include but not limited to; cesarean sections, Bilateral tubal ligations, cerclage placement, emergency procedures and high risk vaginal deliveries requiring the operating room.
- Recovery surgical patient's receiving epidural, spinal, and general anesthesia.
- Manage the care of several patients simultaneously.

Clinical Manager January 2009 – June 2019 Midland Memorial Hospital

- Manage approximately 60 staff members on staff competencies, orientation, scheduling, corrective actions, patient concerns, room assignments, and process flow throughout the division.
- Monitor staff assignments and patient flow.
- Work with Educator to develop and ensure education of experienced staff and hires.
- Care for antepartum and intrapartum patients along with the newborn when the need arises.
- Work closely alongside other disciplines in the hospital, such as, administration, laboratory, pharmacy, quality management, and environmental services, to ensure safe patient care.

- Day to day management of a busy obstetrical floor
- Participant in AONE's Care Innovations Transformation program.
- Assisted with the opening of a new tower to the hospital in December 2012.
- Community service through the various community agencies.
- Oversee and assist other departments in the Women's and Children's Division during other clinical managers and directors absence. Departments included are Mother Baby, NICU, and Pediatrics.

Charge RN Labor and Delivery January 2007- January 2009

Midland Memorial Hospital

- Collaborate with team members to manage incoming and outgoing patients.
- Collaborated with staff and management to create staff schedule.
- Managed staff payroll
- Including all Staff nurse responsibilities

Staff RN Labor and Delivery December 2001- January 2007

Midland Memorial Hospital

- Care for antepartum, intrapartum, and post-partum patients. Experience with labor, pre-term labor, preeclampsia, magnesium sulfate management, high risk antepartum, postpartum hemorrhage, fetal demises, and triaging patients.
- Receive and stabilize newborns in the delivery room
- Circulate in delivery and operating room for vaginal deliveries and cesarean sections.
- Recovery surgical patient's receiving epidural, spinal, and general anesthesia.
- Manage the care of several patients competently.
- Serve as a preceptor and mentor for students and new hires.

Staff RN in Labor, Delivery, Postpartum, Nursery, and Special Care Nursery

September 1995- December 2001

Westwood Medical Center. Hospital purchased by Midland Memorial Hospital 2001

- Care for healthy couplets, antepartum, intrapartum, and post-partum patients. Experience with labor, pre-term labor, preeclampsia, magnesium sulfate management, high risk antepartum, postpartum hemorrhage, fetal demises, and triaging patients.
- Receive and stabilize newborns in the delivery room.
- Care for level 2 special care newborns including; IV therapy, O2 hood and cannula, phototherapy, management of hypoglycemia.
- Circulate in delivery and operating room for vaginal deliveries and cesarean sections.
- Recovery surgical patient's receiving epidural, spinal, and general anesthesia.
- Manage the care of several patients competently.
- Serve as a preceptor and mentor for students and new hires.

Committees Served

Labor and Delivery Unit Based Council – 2020 to present

- Unit level committee to work with nurse leadership to create a healthy work environment delivery the best care possible to patients.

Covenant Women’s Policy and Procedure Committee- 2020 to present

- Review and develop policies following current and evidenced based practice to ensure a high level of care for all patients.

Covenant Professional Advancement Council- 2021 to present

- Manages the Professional Advancement Career Program for Covenant health.
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Courses Instructed

AWHONN Intermediate Fetal Monitoring.

This is a two-day, sixteen hour course presenting material for the intermediate staff member in Labor and delivery, antepartum, OB physicians office staff or any professional evaluating fetal monitoring strips.

- Covenant Children’s October 22-23, 2020. Course included 2 students with 100% pass rate and 100% “excellent” feedback via online AWHONN post course survey.
- Course in Hobbs New Mexico April 13-14, 2021. Course included 6 students with 100% pass rate and 100% “excellent” feedback via online AWHONN post course survey.
- Course in Midland, Tx June 21-22, 2021. Course included 9 students with 100% pass rate and 100% “excellent” feedback via online AWHONN post course survey.

Student teaching opportunities

During the last two semesters of my Master’s program I was able to get many exceptional clinical experiences preparing me for graduation and the role as a Nurse Educator.

- Clinical Populations Experiences (Course NURS 5369) I worked with a hospital health information’s team and an outside vendor doing research, program build, developing work flows and assisting the team in the education training plan. I was the subject matter expert and super user for the developing computer documentation program.
- Educator Role Mentored Experience (Course NURS 5374) I was able to gain my clinical hours with several different types of experiences.

- F. Marie Hall SimLife Center During this clinical experience I worked with our hospital representative and nurse residents at the Sim center. I worked with the nursing residents on developing general nursing skills. I was also able to work with the program director in developing the department specific scenarios and competency tool specifically for our specialty. We developed a three part competency tool to assess skills and readiness for completion of orientation.
 - Secondly, I was an online teaching assistant for an undergraduate nursing course at the University of Texas El Paso. As a teaching assistant I graded participation and monitored the discussion board and graded course work to include; case studies and various assignments throughout the semester.
- University of Texas Teaching Online Academy Certification.

References

Available upon request